



Escape this Summer to the enchanting Greek island of Antiparos



Join us for our Bamboo Greece Yoga Holidays with Myria Zanetti and an unforgettable yoga experience.

[30 May – 6 June 2024](#)  
[14 September – 21 September 2024](#)

We're super excited to welcome you to **our brand new venue** on Antiparos for the first of our scheduled Yoga Holidays in June 2024.



Nestled by Antiparos' tranquil harbor, the recently renovated venue blends traditional Cycladic charm with modern Scandinavian design and offers easy access both to the village and to the nearby beach, just a minute's stroll away.

Experience not only invigorating yoga sessions but also the contemporary amenities and services the hotel provides, including a sea-view pool and a beautiful restaurant.



This holiday is designed around the harmonious balance of the 7 chakras. Immerse yourself in the serene surroundings as you partake in two daily yoga classes, each tailored to align and energise specific chakras.





The venue's fully renovated Cycladic-inspired rooms, studios, apartments and suites are infused with a touch of Scandinavian flair and furnished in earthy tones for your maximum comfort.



We are also delighted once again to be hosting our **September Yoga Holiday** at our other established venue on Antiparos.



Your home for this yoga holiday will be stunning Greek studios and apartments with comfortable beds, ensuite bathrooms and doors that open out onto a beautiful terrace.



This is a popular holiday which books up very quickly, so contact us now to reserve your place so that you don't miss out.

Further details of both Yoga Holiday dates, including accommodation options and prices, are available on our webpages.

BOOK YOUR PLACE



With love and gratitude, The Bamboo Yoga Team.



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## Bamboo Yoga Retreat

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